

NAS KEY WEST BICYCLE SAFETY REGULATIONS

NASKWINST 5500.10F/OPNAVINST 5100.12J

Failure to follow these instructions can result in written violation



PROTECT YOUR HEAD

Riders must wear a properly fitted and secured bicycle safety helmet meeting ANSI (ANSI Z90.4) or Snell Memorial Foundation (Standard for Protective Headgear for use on bicycles).



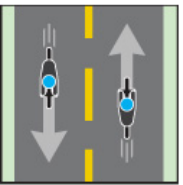
STAY VISIBLE

Biking at night or in low-light conditions requires the use of front white light being visible from a distance of at least 500 feet, rear red light that is visible at a distance of at least 600 feet and reflective upper garment. These lights may be steady burning or blinking



OBEY ALL TRAFFIC LAWS & LIGHTS

All Cyclists must obey the same traffic laws as a motorized vehicle.



GO WITH THE FLOW

Bike in the direction of traffic single file. Bicyclist must keep at least one hand upon the handlebars at all times.



ACT LIKE A CAR

Drivers are used to the patterns of other drivers. Don't weave in and out of traffic. The more predictably you ride, the safer you are. Check for traffic. Be aware of traffic around you.



LOOK, SIGNAL & LOOK AGAIN

Use hand signals to let drivers and other bicyclists know where you're going. Look and make eye contact. Don't assume drivers will stop.



DON'T GET DISTRACTED

Wearing of headphones, earphones, cellular hands-free devices radios, recording devices or other portable devices while biking is strictly prohibited.



ILLEGAL MULTIPLE RIDERS

Bicycles may not carry more than one person at a time unless it is specifically designed for two passengers or as noted below.



LEGAL MULTIPLE RIDERS

Bicycle may not carry more than one person unless the bike is so equipped or with a child under the age of 4 and less than 40 lbs. securely attached to their person in a backpack or sling or in a carrier securely fastened to the bike.